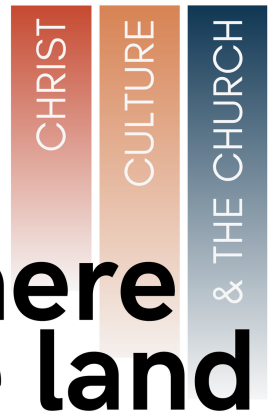


landing guide

#71. THE GIFT OF THE SABBATH



HELPFUL RESOURCES

ARTICLE: TGC | "3 Reasons Sunday Is Not the Christian Sabbath"

Stephen Wellum | October 27, 2020

<https://www.thegospelcoalition.org/article/sunday-not-christian-sabbath/>

ARTICLE: Bible Project | "Keeping the Sabbath: Is it Still Relevant to Christians Today?"

Missy Takano | 2020

<https://bibleproject.com/blog/keeping-the-sabbath-is-it-still-relevant-to-christians-today/>

ARTICLE: TGC | "Is the Sabbath Still Required for Christians?"

Justin Taylor | October 14, 2010

<https://www.thegospelcoalition.org/blogs/justin-taylor/schreiner-qa-is-the-sabbath-still-required-for-christians/>

KEY SCRIPTURE TEXTS

Click the links below to explore some key Scripture texts:

- [Genesis 2:1-3](#)
- [Exodus 31:12-17](#)
- [Mark 2:27](#)
- [Romans 14:5-9](#)
- [Exodus 20:8-11](#)
- [Matthew 11:28-30](#)
- [Hebrews 4:9-10](#)

DISCUSSION QUESTIONS

- Why does the concept of rest elude our society?
- Has the cultural concept of Sabbath changed over time? If so, how?
- What are you personally and practically doing to make a "day of rest" apart of your life?