

landing guide

#70. TOXIC FRIENDSHIPS

HELPFUL RESOURCES

ARTICLE: Desiring God | "**Hope for Unhealthy Relationships**"

Christine Hoover | May 6, 2017

<https://www.desiringgod.org/articles/hope-for-unhealthy-friendships>

ARTICLE: TGC | "**Do You Need To Fast From A Toxic Relationship?**"

By Ellen Mary Dykas | July 8, 2021

<https://www.thegospelcoalition.org/article/fast-toxic-relationship/>

VIDEO: Focus On The Family Broadcast | "**Setting Boundaries in Toxic Relationships**"

With Gary Thomas | October 10, 2019

<https://www.focusonthefamily.com/episodes/broadcast/setting-boundaries-in-toxic-relationships-part-1-of-2/>

KEY SCRIPTURE TEXTS

Click the links below to explore some key Scripture texts:

- [Philippians 2:3-4](#)
- [Proverbs 16:18](#)
- [Proverbs 6:16-19](#)
- [Colossians 3:5-17](#)
- [Psalms 1](#)
- [Proverbs 22:24-25](#)

DISCUSSION QUESTIONS

- What does toxicity in people look like?
- How did Jesus address toxic people?
- What are some healthy boundaries to guard against toxic relationships?

CHRIST
CULTURE
& THE CHURCH

where
we land